

## 49<sup>th</sup> ANNUAL PRE-CONGRESS

**Special collaboration: NaborVein Education  
Vascular Imaging Academy  
Pauline Raymond-Martimbeau**

**THURSDAY MAY 1<sup>ST</sup>, 2025**

**Target Audience: This program is intended for family physicians and specialists**

*This one-day pre-Congress is eligible for CME credits*

L'Association des médecins omnipraticiens de Montréal, sous l'agrément parapluie de la FMOQ, reconnaît 7.50 heures d'activité de développement professionnel reconnue aux fins du Règlement sur la formation continue obligatoire des médecins du CMQ (catégorie A). Le code d'éthique du Conseil québécois de développement professionnel continu des médecins (CQDPCM) doit être respecté ([www.cqdpcm.ca](http://www.cqdpcm.ca)).

L'Association des médecins omnipraticiens de Montréal, under the aegis of the FMOQ, recognizes 7.50 hours of professional development activity as required by the professional development regulations of the CMQ (category A). The Code of Ethics of the Conseil québécois de développement professionnel continu des médecins (CQFPCM) must be respected ([www.cqdpcm.ca](http://www.cqdpcm.ca)).

### **Members of the Scientific Committee:**

Sammi Zerrouk, Program Chairman  
Janna Bentley, Program Co-chairman  
Aida Rizk, CME Coordinator

7:45 Registration

***Vivaldi Room***

8:00 Welcome

*Janna Bentley, Sammi Zerrouk*

### **Overall Workshop/Masterclass learning objectives:**

#### **After completion of this program, participants will be able to:**

- review and interpret basic knowledge and skills in phlebology
- update and improve knowledge about recent advances in the diagnosis, management and treatment of venous disorders
- integrate new principles to improve their everyday practice of phlebology.

### **AM Session: Didactic Lectures**

#### **Objectives:**

To recognize and describe the anatomy ultrasonographic aspect of the GSV;  
to acquire knowledge in order to recognize anatomical risk points before sclerotherapy;  
to describe the main ultrasound guidance approaches used in sclerotherapy and their variations;  
to set up the basis of compression, stocking bandage and wraps;  
and to propose different devices according to their duration and interface pressures.

8:15 **Anatomy and sonography of the GSV**

*Jean-François Uhl*

GSV and SSV anatomy  
Main reflux routes in the GSV territory  
Inguinal venous networks  
Practical implications: mapping reflux pathways

9:15 Vascular mapping before sclerotherapy and point of risk

*Sammi Zerrouk*

9:30 The art of the ultrasound-guidance in the sclerotherapy of varicose veins

*Sammi Zerrouk*

**THURSDAY May 1<sup>st</sup>, 2025**

- 9:45 **Questions & answers**
- 10:00 **Refreshment break**
- 10:15 Sclerotherapy of lateral varices of the lower limb *Gilles Gachet*
- 10:30 Application of tumescent anesthesia in sclerotherapy:  
The expected and the unexpected *Janna Bentley*
- 10:45 The basis of medical compression *Jean-Patrick Benigni*
- 11:00 How and why do we reduce the diameter of varices  
after ultrasound-guided foam sclerotherapy *Gilles Gachet*
- 11:15 Severe adverse events and complications of sclerotherapy *Gilles Gachet*
- 11:30 Management of complications of sclerotherapy *Janna Bentley*
- 11:45 Post-sclerotherapy compression *Jean-Patrick Benigni*
- 12:00 **Questions & answers**
- 12:15 **Lunch**

**PM Session: Hands-On Workshop**

**Concerto Room**

1:30 – 4:30 **Hands-on Training**

*Jean-Patrick Benigni, Janna Bentley, Gilles Gachet  
Jean-François Uhl, Sammi Zerrouk*

**Objectives:**

To give participants a chance to see live ultrasound techniques, tips and tricks on live volunteers;  
to acquire expertise in sclerotherapy treatment skillfully and to handle equipment used  
in treatment of superficial venous insufficiency;  
to review complications and methods of dealing with such issues.

- Group 1 Compression post-sclerotherapy
- Group 2 Ultrasound-guidance in sclerotherapy
- Group 3 Ultrasound assessment and vascular mapping
- Group 4 Large vein saphenous ablation: hands-on thermal (RF) and non-thermal,  
non-tumescent session

**Vivaldi Room**

**Moderator: Sammi Zerrouk**

- 4:30 **Round Table**  
QUIZ - Summary of recommendations  
*Jean-Patrick Benigni, Janna Bentley, Gilles Gachet, Jean-François Uhl*
- 5:00 **Questions & answers**
- 5:15 **Assessment and certification**  
Test of theoretical knowledge
- 5:45 **Adjourn**

## 49<sup>th</sup> ANNUAL CONGRESS

### UNITED IN PHLEBOLOGY WE STAND - CANADA AND FRANCE

FRIDAY - MAY 2, 2025

**Target Audience:** This program is intended for family physicians and specialists

***This two-day Annual Congress is eligible for CME credits and is required to obtain or maintain the Fellowship***

L'Association des médecins omnipraticiens de Montréal, sous l'agrément parapluie de la FMOQ, reconnaît 12.25 heures d'activité de développement professionnel reconnue aux fins du Règlement sur la formation continue obligatoire des médecins du CMQ (catégorie A). Le code d'éthique du Conseil québécois de développement professionnel continu des médecins (CQDPCM) doit être respecté ([www.cqdpcm.ca](http://www.cqdpcm.ca)).

L'Association des médecins omnipraticiens de Montréal, under the aegis of the FMOQ, recognizes 12.25 hours of professional development activity as required by the professional development regulations of the CMQ (category A). The Code of Ethics of the Conseil québécois de développement professionnel continu des médecins (CQFPCM) must be respected ([www.cqdpcm.ca](http://www.cqdpcm.ca)).

#### **Members of the Scientific Committee:**

Janna Bentley, Program Chairman  
Douglas Hill, Program Co-chairman  
Aida Rizk, CME Coordinator

7:45 Registration

***Opus Room***

8:05 Presidential Welcome

*Janna Bentley*

#### **Overall learning objectives:**

**After completion of this program, participants will be able to:**

- Review and interpret basic knowledge and skills in phlebology
- Update and improve their knowledge about recent advances in the diagnosis, management and treatment of venous disorders
- Integrate new principles to improve their everyday practice of phlebology

**Moderator: Janna Bentley**

#### **Comparing the French Approach to the Canadian Approach to:**

8:10 Treatment of the GSV: France

*Matthieu Josnin*

8:20 Treatment of the GSV: Canada

*Richard Danylewick*

8:30 Treatment of the ASV: France

*Matthieu Josnin*

8:40 Treatment of the ASV: Canada

*Douglas Hill*

8:50 Treatment of the SSV: France

*Vincent Crebassa*

9:00 Treatment of the SSV: Canada

*Douglas Hill*

9:10 Treatment of perforators: France

*Nicolas Néaume*

9:20 Treatment of perforators: Canada

*Patrice Nault*

9:30 Approach to compression: France

*Jean-Patrick Benigni*

9:40 Approach to compression: Canada

*Céline Bordeleau*

9:50 ***Questions & answers***

10:00 ***Refreshment break and exhibit***

Moderator: Richard Danylewick

**Past, Present, and Future in Phlebology**

- 10:30 AI in medicine and in phlebology: globalizing the evidence, nationalizing the decision-making *Sergio Giancesini*
- 10:45 Ambulatory phlebectomy *Jean-Luc Dupuis*
- 11:00 VALID (venous & lymphatic international document) project w/ministry health *Sergio Giancesini*
- 11:15 High intensity focused ultrasound (HIFU) for the treatment of varicose veins *Fabien Lavoie*
- 11:30 **Questions & answers**
- 11:45 **Fellowship Ceremony**
- 12:00 **Lunch**

**Controversies: Pro and Con**

- 1:15 Compression stockings are necessary in vein treatment: Pro *Jean-Patrick Benigni*
- 1:30 Compression stockings are necessary in vein treatment: Con *Nicolas Néaume*
- 1:45 Prophylactic treatment of the ASV: Pro *Patrice Nault*
- 2:00 Prophylactic treatment of the ASV: Con *Fabien Lavoie*
- 2:15 Venoactive drugs: Pro *Marie-Ève Nadeau*
- 2:30 Venoactive drugs: Con *Michel Zummo*
- 2:45 Is foam sclerotherapy dangerous? Exploring both sides of the controversy in France  
*Janna Bentley, Gilles Gachet*

**Moderator: Michel Zummo**

- 3:00 **Round Table**  
Foam sclerotherapy: Mitigating risks *Michel Zummo*  
*Discussants:*  
*J.-P. Benigni, C. Bordeleau, G. Gachet, F. Lavoie, N. Néaume*

- 3:15 **Refreshment break and exhibit**

**Moderator: Michel Zummo**

- 3:45 Treatment following saphenous vein ablation: Tributaries, etc.:  
Foam *Richard Danylewick*
- 4:00 Treatment following saphenous vein ablation: Tributaries, etc.:  
Ambulatory phlebectomy *Jean-Luc Dupuis*
- 4:15 **Round Table**  
AI: friend or foe? *Michel Zummo*  
*Discussants:*  
*R. Danylewick, S. Giancesini, D. Hill, M.-E. Nadeau, J.-F. Uhl, S. Zerrouk*
- 4:30 **Questions & answers**
- 4:45 **Tribute to Pauline Raymond-Martimbeau** *Jean-Luc Dupuis*
- 5:15 **Adjourn**

**SATURDAY - MAY 3, 2025**

8:25 **Welcome**

*Janna Bentley*

**Moderator: Janna Bentley**

**Phlebology lifestyles**

8:30 An evidence-based drug called: LIFESTYLE

*Sergio Giancesini*

8:40 Exercise and physical fitness

*Fabien Lavoie*

8:50 Other health issues (lipedema, autoimmune, cardiac, type 2 diabetes)

*Michel Zummo*

9:00 Travel

*Vincent Crebassa*

9:10 Genetics

*Aida Rizk*

9:20 Diet

*Douglas Hill*

9:30 **Questions & answers**

9:45 **Refreshment break and exhibit**

**Moderator: Douglas Hill**

**New Technologies in Phlebology**

10:15 Mechanism of action in cavitation

*Matthieu Josnin*

10:30 Non-thermal, non-tumescent, transcutaneous

*Olivier Pichot*

10:45 1940 nm laser wavelength: Experience so far

*Nicolas Néaume*

11:00 The gases, the technique, and other advances in foam sclerotherapy

*Janna Bentley*

11:10 Mfoamer: a unique microfoamer for varicose vein treatment

*Sergio Giancesini*

**Moderator: Douglas Hill**

11:30 **Round Table**

The SSV: Best treatment options?

*Douglas Hill*

*Discussants:*

*J. Bentley, S. Giancesini, M. Josnin, P. Nault, N. Néaume, O. Pichot*

11:45 **Questions & answers**

12:00 **Lunch**

**SATURDAY - MAY 3, 2025**

**Moderator: Richard Danylewick**

**Thrombosis Review**

- 1:30 Phlebology and cancer *Janna Bentley*
- 1:40 Latest in anticoagulation: Factor 12; reversibility *Aida Rizk*
- 1:50 Ultrasound guided foam sclerotherapy under direct oral anticoagulant: ESMAOD trial *Gilles Gachet*
- 2:00 Caprini review: How could it be modified for our patient population? *Vincent Crebassa*
- 2:10 PTS: The difference between VILLALTA and other scoring systems *Sammi Zerrouk*
- 2:20 Vascular medicine in France *Gilles Gachet*

**Moderator: Janna Bentley**

- 2:30 **Round Table**  
Case presentation and approach to thrombosis *Janna Bentley*  
*Discussants:*  
*V. Crebassa, G. Gachet, S. Giancesini, A. Rizk, F. Vin, S. Zerrouk*
- 3:00 **Questions & answers**
- 3:15 **Refreshment break and exhibit**

**Moderator: Janna Bentley**

**Anatomy and Ultrasound**

- 3:45 Anatomy of the foot from phlebologist's perspective *Sammi Zerrouk*
- 3:55 A potpourri of wisdom and tips gathered over the years *Richard Danylewick*
- 4:05 Hemodynamic function of the saphenofemoral junction *Frédéric Vin*
- 4:15 Hemodynamic function of the saphenopopliteal junction *Jean-François Uhl*

**Moderator: Michel Zummo**

- 4:25 **Round Table**  
Approach to perforators *Janna Bentley*  
*Discussants:*  
*R. Danylewick, S. Giancesini, M. Josnin, N. Néaume, S. Zerrouk*
- 4:40 **Questions & answers**
- 4:55 **General Assembly**
- 5:10 **Adjourn**